



# TOWNSHIP OF CARLING

## RECREATION NEWSLETTER - MAY 2023

The Carling Recreation Newsletter will be sent out to interested Carling residents periodically as new activities arise.

The newsletter is supplementary to the regularly updated 'Upcoming Events' section found on the homepage of the Carling Township's website. Be sure to check it out. It is very useful!

This newsletter and the activities noted below are organized and run by volunteers, residents who were interested in something and volunteered to organize it.

The Township welcomes all residents to participate in the existing activities as well as to volunteer and start up any new activity of interest. If you are interested in organizing a single event or an on-going activity (ie. a games or movie night, a cooking class(es), yoga, etc.), please call the township at 705-342-5856 or send an email to [info@carling.ca](mailto:info@carling.ca).

All activities, subject to health and safety requirements, would be welcome!

**Special events and activities bring residents together and make our community an even better place in which to live. We hope you join in!**

### One-Time Events or Activities

#### **Spring Kick-Off Market**

May 21<sup>st</sup>, 2023 11 am - 2:00 pm

#### **A Photo Journey with Ted Krug, Wildlife Photographer and Carling Resident**

Join your neighbours and come and enjoy!

June 1, 2023 -7:30 pm

Carling Community Centre – free entry

#### **Community Dinner**

Thursday, June 15, 2023

5 pm cocktails, 6 pm dinner

Tickets (\$20.00 each) available at Spring Market and Township Office

#### **Thanksgiving Charity Market**

October 8, 2023

#### **Christmas Charity Market**

November 12, 2023

#### **Winter Carnival 2024**

February 17, 2024

The Winter Carnival will run on the Saturday of the Family Day weekend at the Carling Community Centre. There will be a Pancake breakfast, Marksman, Turkey and Skeet shoot as well as a variety of outdoor activities. Exact details will be posted closer to date.

## On-Going Activities

Below is a calendar as well as short written descriptions of many of the on-going activities in Carling. All of these activities take place at the Carling Community Centre or its field and there is no cost.

<b>SUN.</b>	<b>MON.</b>	<b>TUES.</b>	<b>WED.</b>	<b>THURS.</b>	<b>FRI.</b>	<b>SAT.</b>
			<b>Crafters</b> 10 am - 12 pm		<b>Early Years</b> 10 am - 12 pm	
	<b>Daoyin</b> 10-10:30 am	<b>Daoyin</b> 10-10:30 am	<b>Daoyin</b> 10-10:30 am	<b>Daoyin</b> 10-10:30 am		
<b>Summer Market</b> June 25 - Sept. 3 11 am- 2 pm	<b>Tai Chi</b> 10:30 -11:00 am		<b>Tai Chi</b> 10:30 - 11:00 am			
		<b>Carling Exercise Group</b> 10:30 am - 12 pm		<b>Carling Exercise Group</b> 10:30 - 12 pm		
	<b>Quilters</b> 2nd & 4th Monday 10 am - 2 pm			<b>Euchre</b> 2nd & 4th Thursday 6:30 - 8:30 pm	<b>Book Club</b> 3rd Friday 10 am - 12 pm	
	<b>Mixed Slowpitch Baseball</b> Adults Starting week of May 29	<b>Mixed Slowpitch Baseball</b> Adults Starting week of May 29				

## Book Club

The Carling Connection Book Club meets on the third Friday of each month from 10 am - 12 noon in the meeting room of the Carling Community Centre.

The Parry Sound Public Library selects the books to be read and prepares the list twice a year. All books are available at the library and on Libby for check out by library members. All Carling Residents are eligible to be members of the Parry Sound library at no cost.

For more information, please email [bookclub@carling.ca](mailto:bookclub@carling.ca).

## Crafters

Carling Crafters is open to everyone who loves to do crafts or enjoys pleasant conversation with people of like minds. Some weeks we do a project but no one is obligated to participate. Many just do their own thing. We have done table centres for Carling dinners, spring and fall planters, crocheting, knitting, card making, jewelry, scrapbooking and many other fun and interesting projects. Come out any Wednesday morning from 10 am - 12 noon. All are welcome!

For information, please email [crafters@carling.ca](mailto:crafters@carling.ca).

## Daoyin

Taoist exercises for health and well-being. These are done on the floor so please bring your own mat. Everyone is welcome to attend but please contact the instructor first to confirm your attendance. Visit [www.greentiger.ca](http://www.greentiger.ca) for contact information. Classes are every Monday, Tuesday, Wednesday and Thursday from 10:00 am - 10:30 am.

## Early Years

EarlyON is designed to provide a broad set of free programmes and resources for parents and their young children. It runs on Friday mornings from 10:00 am - 12:00 noon but occasionally has to be cancelled if the room is unavailable. See the Township's 'Upcoming Events' calendar for exact dates.

For more information, please email [lwhetham@psdssab.org](mailto:lwhetham@psdssab.org).

## Euchre ♠♥♣♦

Everyone is welcome to come and play Euchre on the second and fourth Thursday of the month starting at 6:30 pm. The evenings will continue until June. Future evenings are to be decided.

For more information, please email [euchre@carling.ca](mailto:euchre@carling.ca).

## Market

The Carling Market operates privately rain or shine outside under the protective roof of the Carling rink.

It is open every Sunday from June 25 - September 3 from 11:00 am - 2:00 pm.

Three additional special market days are as follows:

Spring Kick-Off Market - May 21 from 12:00 noon to 4:00 pm.

Thanksgiving Charity Market - October 8

Christmas Charity Market - November 12

Carling Market offers home baked goods, fresh produce, handicrafts, woodworking, jewelry, secondhand treasures and much more! The variety changes weekly. There is something for everybody!

For more information, please visit the market's website at [www.carlingmarket.ca](http://www.carlingmarket.ca) or on Facebook at Carling Market - 2021 & Beyond. You can email them at [carling.market@gmail.com](mailto:carling.market@gmail.com).

### **Carling Rink for Pickleball, Tennis, Ball Hockey etc.**

Carling Residents are welcome to use the Carling Rink surface on a first-come, first-served basis whenever the rink is not booked for a special event such as the market, etc. There is now a Pickleball court and tennis court outlined on the rink surface and more are planned. Carling Township provides a tennis net but please bring your own equipment.

### **Quilters**

This group meets on the 2nd and 4th Monday of each month from 10 am to 2 pm. Other meeting dates are chosen if a quilting day falls upon a holiday Monday.

Carling Quilters welcomes anyone who wants to quilt or learn to quilt. We have planned workshops and open sew days. Sometimes there will be guest speakers. While an iron and ironing board are available, quilters must bring their own supplies, sewing machine and extension cord.

For more information, please email [ridgeroadquilts@gmail.com](mailto:ridgeroadquilts@gmail.com) or [quilters@carling.ca](mailto:quilters@carling.ca).

### **Seniors Exercise Programme**

The Carling Seniors Exercise Group meets every Tuesday and Thursday morning from 10:30 am - 12:00 noon, with a short social at the end of each class. The programme runs from September to the end of June.

The exercises concentrate on walking, balance, stretching and strength. All exercises are performed on a chair or in a standing position. There are no floor exercises. This programme is sponsored by the West Parry Sound District Community Support Services.

New participants are always welcome. For more information, please email [seniors@carling.ca](mailto:seniors@carling.ca).

### **Slowpitch League**

The Mixed Adult Slowpitch League is looking for players. If you are interested in joining an existing team or creating your own team, please contact Chantal at [chantalcl@hotmail.com](mailto:chantalcl@hotmail.com) or at 705-774-0805. Games will begin at 7 pm Monday or Tuesday evenings starting the week of May 29. Players must be 18 or older.

### **Tai Chi**

The Classic 108 forms for health and well-being. All are welcome to attend but please contact the instructor first to confirm your attendance.

For contact information, visit [www.greentiger.ca](http://www.greentiger.ca)

Classes are every Monday and Wednesday from 10:30 - 11:00 am.